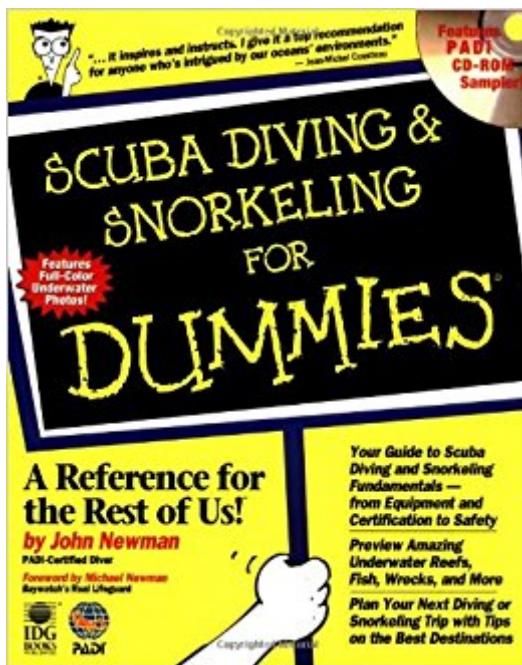


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# Scuba Diving And Snorkeling For Dummies



## Synopsis

For millions of Americans, diving offers the chance to get away from everyday life and enter a world of stunning natural beauty and fascinating complexity. And getting started is a breeze! Anyone can learn to dive safely and explore the world's wondrous oceans. All it takes is a little training and basic equipment. *Scuba Diving & Snorkeling For Dummies* presents all the fundamentals for anyone interested in getting dive certified or just looking for good snorkeling while on vacation. Written by PADI-Certified diver John Newman, this friendly guide covers everything you need to know to: Get certified Plan a great diving trip Save money on equipment Dive or snorkel safely This user-friendly guide starts by helping you evaluate your underwater skills and walking you step by step through a typical certification program. Once you're certified, it helps you pick a dive site, purchase and set up your equipment, and take care of any fears you might have. Then you'll discover what to expect on your first dive from which creatures are dangerous to how to protect fragile sea life. *Scuba Diving & Snorkeling For Dummies* also covers these topics and more: Free diving Special breathing techniques Emergency procedures How to avoid the bends Handling dive anxiety The physics and chemistry of diving Staying healthy on dive trips Ocean ecosystems Rip tides and tidal waves Ten great dive destinations In addition to beautiful full-color photography and all the information you need to plan a dive trip, the book also includes a handy appendix of dive organizations and publications, as well as a CD-ROM sampler from PADI (Professional Association of Diving Instructors). Whether you're a novice diver or an old hand, *Scuba Diving & Snorkeling For Dummies* is perfect for anyone who wants to see the beauty of the ocean from a fish's point of view. Note: CD-ROM/DVD and other supplementary materials are not included as part of eBook file.

## Book Information

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## Customer Reviews

"It inspires and instructs. I give it a top recommendation for anyone who's intrigued by our oceans' environments." — Jean-Michel Cousteau "No secret handshakes or eyebrow-raised buzz words to dazzle you; just solid info with some fun thrown in." — Gary P. Joyce, Editor, Sport Diver Magazine "If you've ever dreamed of diving into the world of undersea adventure, but weren't sure where to start, *Scuba Diving & Snorkeling For Dummies*® is the book for you!" — John Cronin, CEO, PADI Dive Right In with Valuable Offers from PADI, DACOR, and Sport Diver Magazine! This friendly guide shows you how to dive right into snorkeling and scuba. Veteran diver John Newman leads you step-by-step through pre-dive fundamentals, explains what to expect when you're underwater, and describes options available to you after you get your feet wet.

CD-ROM System Requirements: 486 or faster PC with Windows 3.1 or later; 4MB RAM; 256 color, 640x480 resolution display; Windows-compatible sound card; double-speed (2X) or faster CD-ROM drive; 25MB free hard drive space Inside, Find In-Depth Advice on How to: Buy or rent the right equipment without going broke Get in the swim with masks, snorkels, fins, wetsuits, regulators, and tanks Understand what it takes to get certified — the quick and easy way Snorkel and dive safely — and stay cool in emergency situations Plan a trip to one of the twenty finest dive spots in the world Investigate advanced diving options — from photography to cave exploration

About the Author John Newman, a PADI-Certified diver, was the Editor and Art Director of Dive Travel magazine for ten years. He travels and dives all over the world and contributes regularly to Sport Diver magazine. John is also an avid surfer, waveskier, and kayaker who has won five Phelan Literary Awards for his fiction.

I'm a PADI certified diver but haven't dove in many years and I definitely wouldn't feel safe diving today without some study. I've been snorkeling in the Caribbean a number of times in recent years and am heading back soon, this time with a possible simple dive or two during the week. I wanted something in the way of a refresher without studying mathematical gas calculations and such. My wife bought me a book that would have bewildered Jacques Cousteau and I put it away after 30 minutes of skipping section after section of technical mumbo jumbo. This book is exactly what the doctor ordered! I can be refreshed on the fundamentals and it will also help my daughter, who's going on a second trip with me in a month, to understand the basics of snorkeling! So glad I bought

this!

Outstanding

As described and quick delivery.

Great book, near perfect condition.

I already wanted to learn how to scuba dive since I left the service. This a good book to read and how to scuba dive. Thanks.

Great for my first dives on resort scuba diving for first time on my vacation. Didn't see color pictures that author mentions on kindle version. However very useful all around info.

Great, simplified overview of beginning scuba Diving. Spells out all of the Diving priorities and protocols. A must read for newbies.

Has a LOT of information for the noobie snorkeler & someone ready to take the plunge into scuba.

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Diving Deep: A Beginners Guide to Deep Sea Diving: (Scuba, Snorkelling, Diving, Scuba Diver, Deep Sea Diving, Swimming, Scuba Diving) Scuba Diving! Learn About Scuba Diving And Learn To Read - The Learning Club! (45+ Photos of Scuba Diving) SCUBA DIVING: Beginners Crash Course To Scuba Diving and Underwater Adventures Scuba Diving and Snorkeling For Dummies Diving and Snorkeling Guide to U.S. Virgin Islands: St. Croix, St. Thomas, and St. John (Lonely Planet Diving and Snorkeling Guides) Diving and Snorkeling Guide to Florida's East Coast: Including the Palm Beach Fort Lauderdale and Miami Areas (Lonely Planet Diving and Snorkeling Guides) Diving and Snorkeling Guide to St. Maarten, Saba, and St. Eustatius (Pisces Diving & Snorkeling Guides) Diving and Snorkeling Guide to the Channel Islands, Including Catalina, Santa Barbara, Anacapa and More (Pisces Diving & Snorkeling Guides) Diving and Snorkeling Guide to the British Virgin Islands (Pisces Diving and Snorkeling Guides) Diving and Snorkeling Monterey Peninsula and Northern California (Lonely Planet Diving & Snorkeling Great Barrier Reef) Diving and Snorkeling Guide to the Pacific Northwest: Includes Puget Sound, San Juan Islands, and Vancouver Islands (Lonely Planet Diving & Snorkeling Great Barrier Reef) Diving and Snorkeling Guide to Texas:

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